

**COURIERPOST ONLINE**

**CHEVY TRUCK MONTH**

**0% FOR 60 MONTHS** FOR WELL QUALIFIED BUYERS

ON '07 SILVERADO HALF-TON EXT. CAB, TAHOE, SUBURBAN AND TRAILBLAZER\*

SEE SPECIAL OFFERS

\*Monthly payment is \$16.97 for every \$1000 financed. Average example down payment is 10.5%. Some customers will not qualify. Not available with other offers. See dealer for details. Take delivery by 10/31/07.

Place your classified ad **online**

- South Jersey
- Sports
- Business
- Living
- Entertainment
- Movies
- Opinion
- Announcements
- World Report
- Obituaries
- Impulse
- Nuestra
- Town pages
- News from your

- WEBEXTRA**
- Blogs
- Photo Galleries
- Video
- Special Reports
- Reader Rewards
- Forums
- RSS Feeds



**RUTGERS 2007 Women's Basketball DVD**

[Click here to purchase](#)

**GANNETT NJ**  
**Asbury Park Press**  
**Gannett State Bureau**  
**Courier News**  
**The Daily Journal**  
**Daily Record**

Search:

Sponsored by: [Weather](#)

**WELL-BEING >>**

- [Printer-friendly version](#)
- [E-mail this](#)
- [Subscriptions](#)

# Mount Laurel spine center offers specialized care

**STORYCHAT:** [Post Comment](#)

Sunday, October 21, 2007

By **WILFORD S. SHAMLIN**  
Courier-Post Staff

Doctors affiliated with the Fellowship Spine Surgical Center say the new ambulatory care facility in Mount Laurel is an example of a newly emerging dynamic in the healthcare industry: General medical practice is giving way to specialized care.

As of Oct. 1, the state-of-the-art center will offer "university-quality care in a private practice setting," with experienced surgeons performing their own work, said Mark A. Testaiuti, a neurological spine surgeon.

The entire surgical team, from the doctors trained in minimally invasive surgical procedures to the nurses and other support staff, all specialize in spine abnormalities.

And unlike other ambulatory-care centers, the Fellowship Spine Surgical Center, housed in a single-story building at 715 Fellowship Road, focuses only on a single specialty: back and neck surgeries.

Fellowship doctors say that expertise translates into smaller incisions, resulting in less pain, fewer infections, faster recovery and less blood loss during outpatient surgery.

Doctors have a number of procedures at their disposal to relieve pain for patients experiencing lower back pain or suffering from pinched nerves in the neck and back or pressure on the spinal cord nerve, which causes sciatica.

High-risk surgeries involving patients who are overweight or have numerous health problems are not handled by the surgical center. The anesthesiologist and surgeon must both agree on whether a patient is an acceptable risk for outpatient surgery.

Nueterra Healthcare provides management support and oversees quality and efficiency controls, said Reed Martin, vice president of operations. The Kansas City-based company has an office in Columbus.

Patients reporting to the surgical center walk into the pre-operation area, where they change into a standard hospital gown and prepare to undergo surgery.

Their medical condition will determine whether they go to an injection suite -- an alternative to surgery -- or directly to the operating room.

In the injection suite, specialists use a fluoroscope to pinpoint the source of back pain and inject medication into the site, between the vertebra, in an attempt to alleviate pain and reduce swelling, said Dr. William Miller, the surgical



ADVERTISEMENT

**Rutgers Open House**

**Saturday, Nov. 10**

**10 a.m. to noon**

**RUTGERS**

CAMDEN

Advertise with us!

**Related news from the Web**

Latest headlines by topic:

- [Miller Industries](#)
- [Automakers](#)
- [Medicine](#)
- [Back Pain](#)
- [Surgery](#)
- [Nursing](#)
- [Health](#)

Powered by [Topix.net](#)

**68°F**  
Showers  
[Forecast >](#)

Sponsored by:  
**AMERICAN**  
Discount Fence

- BAR GUIDE**
- DINING GUIDE**
- ATTRACTIONS**
- EVENTS FINDER**  
YOUR PLACE FOR THINGS TO DO

Oct 2007 >

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

CLICK DATE ABOVE

Find events by town

-- Select --

OR

Find events in state

[Events Finder user tips](#)

**Cars**

Find a used car to buy

Find a used Car:

Acura

Select a Model

Zip Code:

- Vehicle Research:**
- [Find a New Car](#)
  - [Sell a Car](#)
  - [Research a Car](#)
  - [Blue Book Values](#)
  - [Buying Guides](#)
  - [Payment Calculators](#)

**Shopping**

[shopLocal](#)

On Sale Local Coupons

**Dating**

Home News Tribune  
Ocean County  
Observer  
Times Beacon  
Newspapers  
Other Gannett  
Newspapers

center's CEO.

In the operating room, the patient lies face-down on a specially designed gurney made of carbon-fibers. This lightweight material does not show in X-ray images and allows doctors to obtain unobstructed views of the patient's full body, said Kam Momi, a Fellowship-trained orthopedic spine specialist.

The gurney is angled in a way that maximizes the exposure of the patient's back, providing easier access for surgeons.

Following the surgery, the patient is moved to the recovery room, where they are constantly monitored and evaluated by staff. This phase lasts roughly an hour. Doctors check a patient's vital signs and make certain that the patient can move, has an appetite and does not feel too much pain.

The step-down unit is the final transition before a patient is discharged. Here, the patient can relax, drink juice, eat crackers, talk with family members and get post-operative instructions.

Reach Wilford S. Shamlin at (856) 486-2475 or [wshamlin@courierpostonline.com](mailto:wshamlin@courierpostonline.com)

[send a letter to the editor.](#)

[Terms of service](#)

[Post a Comment](#)

This article does not have any comments associated with it

eHarmony [Find a date](#)  
[Your profile](#)

**Homes**  
South Jersey RealEstate [For Sale](#)  
[New Homes](#)

**Apartments**  
apartments.com [Rentals](#)  
[Place Ad](#)

**Jobs**  
careerbuilder [Find a Job](#)  
[Fill a Job](#)

**Classifieds**  
South Jersey Classifieds [Search ads](#)  
[Place an ad](#)

ADVERTISEMENTS



SIMPLIFY

THE PROCESS

apply online & save  
WITH WACHOVIA



WACHOVIA  
EQUAL HOUSING LENDER

Top Jobs

powered by  
careerbuilder®

SCHOOL BUS & VAN DRIVERS  
& ATTENDANTS Wanted!  
SCHOOL BUS & VAN DRIVERS  
& ATTENDANTS...

FRONT DESK Receptionist for  
busy family practice, 5 days ;  
wk  
FRONT DESK Receptionist for

busy family ...

**PHYSICAL Therapist&#47;PTA - F&#47;T**  
PHYSICAL Therapist&#47;PTA - F&#...

**DRIVERS - Transp**  
DRIVERS - Transp. broker seeks independent...

**EDUCATIONSubstitute Bus Driver and Aides Part-Time , Haddon**  
EDUCATIONSubstitute Bus Driver and Aides...

All Top Jobs

[About Top Jobs](#)

Classified Partners: Jobs: CareerBuilder.com • Cars: Cars.com • Apartments: Apartments.com • Shopping: ShopLocal.com  
Site map: South Jersey • Sports • Business • Living • Entertainment • Opinion • Columnists • South Jersey Business Directory  
[Customer Service](#) • [Send feedback about CourierPostOnline.com](#) • [Subscribe Now](#) • [Jobs with us](#)

Copyright ©2007 Courier-Post. All rights reserved. Users of this site agree to the [Terms of Service](#) and [Privacy Policy/Your California Privacy Rights](#) (Terms updated March 2007)

